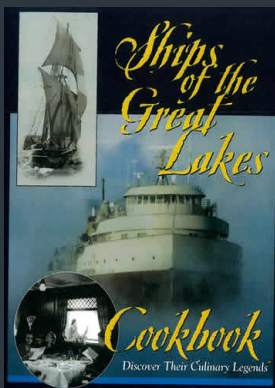


*Ships
of the
Great
Lakes
Cookbooks
are on sale
for \$15.00
in the
Front
Office.*



Antrim County Unemployment Rate 15.2%

Weekly Applications Received: **16**
Received Year to Date: **172**

THANK YOU! THANK YOU! THANK YOU!

A very special Thank You to everyone that helped make the 3rd Annual Jamboree a huge success. Each year the Jamboree evolves into bigger and better things and this year was our best yet! Thank you to everyone that came out for a wonderful day and we hope you will come back again next year!!

Hot Food Awareness:

Recently a resident was burned by putting his hand in squash on his tray. A Second Degree burn occurred in 30 seconds. The food has sat in front of him without direct supervision for 45 seconds. Our plan of action to prevent it from occurring in the future is to use covers over the hot food when it is served.

The covers will remain over the food until the resident is ready to eat independently or with staff assistance. It is very important to maintain this intervention. A distraction of a few seconds could allow another resident to be injured and the facility a harm citation.

Remember if you are leaving a tray at any time during meal time, please remember to cover the hot food!!

Meadow Brook Messenger

7.24.09

**July 2009
Employee of the Month**

Susie Robbins, CNA

Employee Meal & Dress Down
Day is Thursday, July 30, 2009
Macaroni and Cheese, Stewed
Tomatoes and Cherry Cheesecake
for dessert.



**New Faces
at
Meadow
Brook**

**Dawn Lajewski, LPN
(11p-7a)**

Direct Line Communication

To: Marna
From: Lynn Wilcox, CNA
RE: "Summer Time Perks"

I heard this on the news last night and the subject was Summer Time Perks. They said during the summer when it is so hot to ask your boss if you can drink on the job (no not alcohol). If we were discreet with bottled water with the cap on at all times could we drink on the units. Sometimes break times aren't enough in this weather. We also need to be hydrated.

To: Lynn Wilcox and ALL STAFF
From: Marna Robertson, Administrator
RE: "Summer Time Perks"

During the hot summer days (have we had any yet?) it is important for staff to keep hydrated throughout the day. On those days when it is hot and humid staff may help themselves to the juice machines in the resident dining areas to quench their thirst. Having said that, let's discuss a couple parameters J We must keep in mind good infection control practices and this is my expectation for all staff working in and around resident care areas:

- 1. You may drink in the resident dining rooms when you get your juice.*
- 2. You **may not** have drinks in the hallways, resident rooms, at the nurses stations, on your chart carts or med carts (computers don't like liquids and this has been a long standing infection control policy of the facility).*

Prayer Fellowship by Carol Sington:

Pastor David asked in the June Newsletter: "Where do you see the Spirit working?"

As a daily visitor to Meadow Brook Medical Care Facility in Bellaire, I see the Spirit's presence on numerous occasions. There is a lovely 95 year old lady who has no family left, even though she had twelve brothers and sisters. They have all passed on. Four times a week, a volunteer comes in and acts as her companion and close friend attending to her needs. Our own Ginny Vance is there on Thursday morning assisting with the patients who are able to play Bingo. This might seem like a small thing but the residents are so elated when they win a prize. And it gives them something to look forward to twice a week.

Another example is one of our neighbors who is a member of St. Lukes Catholic Church in Bellaire. She faithfully comes in once a week and administers communion to anyone who wished to participate.

Yes, Pastor David, I see acts of love daily and it makes me more aware of how I can seek the Spirit's presence.

Attention All Staff:

Please be advised effective September 1, 2009 all face sheets will be removed from the chart. Clinical staff that need to access contact or billing information may access this data in Optimus: ADT under Contacts.

Face sheets will still be printed out for the purposes of physician billing, transfers and consult appointments.

Primary staff responsible for entering contact data will be Kris Allison or Monica Clark. If you are approached by family or the resident requesting changes to the contact information please notify Kris or Monica with the specific details and they will make sure the electronic records is updated.

You may contact Kris or Monica via email, voicemail, phone call or handwritten note.

Thank you,
Marna Robertson, NHA

Interesting Facts About Medications:

- ◆ The average cost of developing and bringing a new prescription drug to market is \$802 million. It usually takes between 10 and 15 years to develop and bring a new medication to market.
- ◆ Over 90% of drugs entering clinical trials fail to make it to market.
- ◆ Large manufacturers like Merck and Pfizer spent twice as much on advertising and marketing cost than they do on research costs.
- ◆ Each year in the United States, more than 160 million prescriptions are written for antibiotics. Humans consume 235 million doses of antibiotics annually. It is estimated that 20%-50% of that use is unnecessary.
- ◆ Why is it so difficult to find a powerful pain-killing medication that does not produce addiction? Over the years, pharmaceutical companies have tried to separate these two pharmacological qualities. Perhaps because the brain areas involved with pain reduction and those involved with drug dependence are connected, it has been almost impossible to find powerful "non-addicting" painkillers that block pain transmission. On the other hand, perhaps dependence on drugs and pain reduction are two different phenomena that will someday be separated, as more refined research evolves in this important area.
- ◆ The old time barbiturates that have mostly been replaced by newer drugs were powerful sedatives and hypnotics. That is, they greatly depressed the nervous system by as-yet-unknown mechanisms. They caused a lasting hangover when used to promote sleep, with a great impairment in functioning the day after they were given. They were also highly dependence producing, which is the main reason they are no longer therapeutically used.
- ◆ Lithium, used for the treatment of bipolar illness, is an interesting drug. It is not addicting, perhaps because people understand that it is highly toxic if the dose is not regulated carefully. More importantly, it probably does not produce a "high" for those who like to use drugs for that reason.
- ◆ Caffeine is one of the safest "drugs" known. It is not addicting, the lethal dose is very high, and it has no toxic effects on body organs. People who are sensitive to caffeine, however, can have altered heart rate with higher doses.
- ◆ What are the differences between a "sedative", "tranquilizer", "anxiolytic", and "neuroleptic"? They are all related. The word "sedative" is a general (older) term for anything that calms people down. "Tranquilizer" is a more specialized (older) term for a drug that reduces anxiety ("minor" tranquilizer) or reduces psychotic symptoms ("major" tranquilizer). These terms have mostly been replaced by "anxiolytics" (anxiety reducers) and "neuroleptics" (anti-schizophrenic drugs).
- ◆ By law when a physician prescribes drugs for a patient, the physician is required to ensure that the patient is fully informed of the drugs risks and benefits and consents to the drug therapy with full informed knowledge. Statistics show that this occurs in less than 20% of the patient population.