

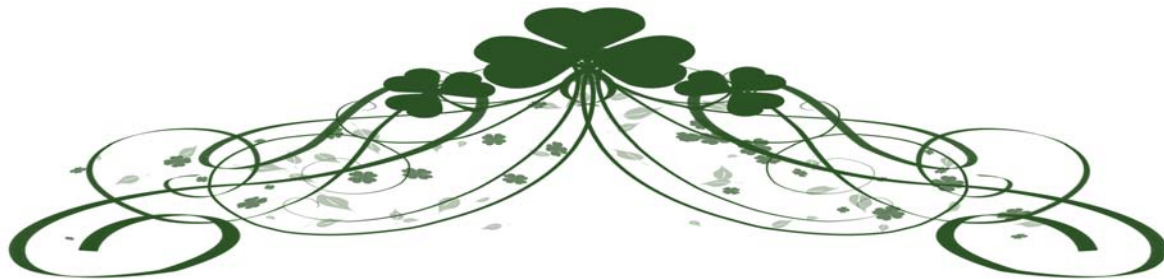


Spring Forward!
Daylight Savings time
begins March 8

Meadow Brook
Medical Care Facility

March/April
2009

Good News Letter



ST. PATRICK'S CELEBRATIONS (All programs held in the Sheneman Room)

Wednesday, March 11

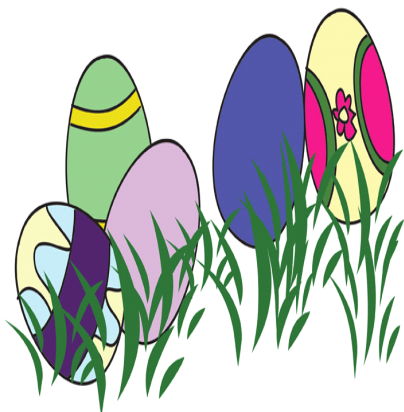
Red Hat Party – 2pm
Pistachio Parfaits and Green Punch

Friday, March 13

Shamrock Bowling – 2 pm
Green Punch and Popcorn

Tuesday, March 17

Resident Lunches - Corned Beef and Cabbage
Herb Tipton and Band – 6:30 pm



Good Friday – April 10

Easter Egg Coloring in the Rainbow Room - 10:00 am
Good Friday Services in the Sheneman Room - 2:00 pm
Salvation Army of Petoskey – Program following Good Friday Service

**CHECK OUR MONTHLY ACTIVITY CALENDARS
FOR MORE PROGRAMMING!**

HAPPY BIRTHDAY

March Birthday Celebration

March 4, 2:00 pm

Rainbow Room

Hosted by the Ellsworth Lioness Club

Birthstone: Aquamarine

Flower: Daffodil

People born in March are caring and compassionate making great caregivers. They are also bold and courageous and don't shy away from a challenge.

Marvella Strobeck	03	
Clare Kopkau	03	
Lorraine Clark	09	
Ann Ecklund		11
Alice Wood	11	
Anna Smith	17	
George Thompkins	17	
Wilma Veldkamp	21	
James Lambert	23	
Mildred Blackwell	24	



April Birthday Party Celebration

April 1, 2:00 pm

Rainbow Room

Hosted by the Mancelona United Methodist Church Women

Birthstone: Diamond

Flower: Daisy

People born in April are born leaders with great confidence and enthusiasm. They love good food, music and art. So fond are they of luxury that they tend to overindulge a little too often.

Harriet Gage	02
Otto Skeel	02
Doris Carney	11
June King	13
Ada Dingman	14
Arlene Brinkman	15
Naola Rahman	18
Harry Langusch	27
Donna Baibak	28
Dee Dee Zimmer	29

Welcome

Betty Bodis
Frederica Crandall
Harriet Gage
Mary Lou Harden
Edward Hebden
Ernest Hickey
James Lambert
Raymond Price
Bertha Reihe
Janet Rocker
Richard Rogers
Otto Skeel
Mary Toth
Virginia Wierda

In Memory

Vern Bauer
June Boss
Sophia Damer
Arthur Gates
Edward Hebden
Orcelia Humiston
Madge Howes
Ruth Lewis
Raymond Price
Dorothy Stoel
Alice Tornga



Sneeze-Free Zone!

Recently, we've discovered that many of our residents sharing spaces have allergies to spring flowers with strong scents such as hyacinths and lillies. Please use caution when selecting lovely yet potentially irritating plants for Easter and other special occasions. If you have any questions, please feel free to call for alternative suggestions.

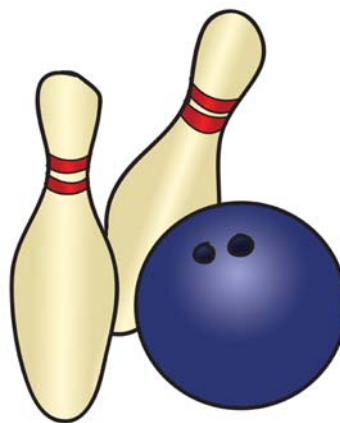
Donations, Donations, Donations!

The TR Department is now accepting donations for Bingo prizes consisting of small new or used knick-knacks, jewelry and other decorative items. Thank you!

Bowl-A-Rama

Did you know that the Egyptians invented bowling? Origins can also be traced to ancient Finland and Yemen, and much later in 300 A.D. in Germany. The best known form of bowling is probably the North American game of ten-pin bowling and both the amateur and professional versions make it one of the largest participation activities. And so bowling at Meadow Brook is always a highlight activity of the week. While competitive in bowling for the highest score, our residents encourage one another in an atmosphere of fun while enjoying freshly popped popcorn and a cool glass of punch. Congratulations to our high scorers!

Jan 07	Pete Webster	40 points
Jan -9	Anna Simpson	43 points
Jan 14	Richard Rogers	37 points
Jan 16	Patty Veliquette	18 points
	Marie Palazzolo	18 points
	Agnes Thompson	18 points
Jan 21	Winona Balbough	48 points
Jan 23	Anna Simpson	29 points
Jan 30	Marie Palazzolo	32 points
Feb 04	Arthur Gates	34 points
Feb 06	Agnes Thompson	51 points
Feb 25	Bertha Riehe	40 points



Mail Call!

Our Therapeutic Recreation Staff checks email several times throughout the day. Stay connected and even share your photos with your loved one at mbresidents@hotmail.com.

For faster delivery, please reference residents names in the subject line.



THINKING ABOUT GARDENING YET?

Spring is just around the corner and our **Adopt-A-Garden Bed Program** will begin again as soon as the snow melts. Picture yourself in your wide-brimmed hat and gardening gloves helping to maintain and improve the beauty of our many existing gardens. We are looking for individuals, families or groups willing to join us for spring cleaning and making a commitment of one to two hours weekly to include upkeep and offering ideas in keeping our facility beautiful. In return, our residents will enjoy the sights from their windows or while relaxing in the Courtyard! Contact Ramona @ 533-8661, ext. 103 for more information.



Ira “Ike” Sangerl Resident of the Month March 2009

Ira Sangerl (better known as “Ike”) was born on August 9, 1917 in Detroit. He was one of three children born to Emil and Minerva Zangerl (later Americanized to Sangerl). He was the oldest, having two younger sisters.

Ike grew up in “Corktown” in Detroit and enjoyed playing basketball with his buddies. He met his wife, Shirley May, at Fort Street Presbyterian Church where both were active in the youth group. They married on April 14, 1939.

Ike was manager of the yellow pages telephone directory for Michigan Bell Telephone Company while Shirley worked as an interior decorator for Crowley Milner Co. Ike did not like his wife working and always told her when he made \$35 a week, he wanted her to quit working. On the day he got a pay raise to \$35 a week, he walked over to Crowley Milner where Shirley worked as an interior decorator and informed them that his wife would no longer be working.

Ike was an active member of the Kiwanis Club and served as an officer for many years. He was an avid golfer and bowler, belonging to several bowling leagues and never passing up the opportunity to chase that little white ball.

They had two children, Ira and Susan. When their son was born, a friend took one look at their adorable baby boy and remarked, “I can’t call that cute little boy Ira, Skip suits him better.” So he became known as ‘Skip’ and to this day most people do not know his real name is Ira after his dad.

Ike served in Japan in World War II in the CIC (Counter Intelligence Corps). While he spent time overseas, Shirley held down the home-front never knowing exactly where he was.

In the mid 1940’s Ike’s parents moved to Eastport. Ike and Shirley raised their family in Dearborn but spent many enjoyable times “up north”. After retirement from Michigan Bell, Ike and Shirley moved to Crystal, Michigan where Shirley’s family lived and eventually split their time between Crystal and Fort Myers, Florida. In 1999 they moved to Alden. Shirley passed away at Meadow Brook in January of 2008.

Ike has four granddaughters, Michelle, Leanna, Kelli and Barbie and six great-grandchildren, Frankie, Jenna, Jason, Danielle, Abby and Tori (on February 5, 2009 he became the proud great-grandpa of twin girls, Abby and Tori).

Congratulations, Ike on being honored as Resident of the Month!



Agnes Thompson Resident of the Month April 2009

Agnes was born in Burnips, Michigan located near Grand Rapids on November 12, 1912. She is the younger of two girls born fourteen months apart. Her father passed away of appendicitis when she was a month old so the family moved in to live with her Mom's grandparents until her mother remarried when Agnes was thirteen. Her step-dad was a widower with 4 kids and the blended family added two more to the mix after that.

Agnes is no stranger to hard work and the children helped out with chores like walking the cows to the fields and back five miles each day. She remembers life before cars when hot stones from the stove were put in the horse drawn sleigh so her feet would stay warm on the way to church and special times when her Mom would let them go to the Michigan cellar after supper to get an apple which was always a special treat!

In the summer, she picked beans for college money so she could attend Owosso Bible School for teaching. Agnes became a school teacher and taught in a one-room schoolhouse with all 12 grades.

Agnes met a pastor's son in Burnips and she married Clyde Thompson on June 6, 1935. The couple lived in Flint, Grayling, Bellaire and Hudsonville. In the years of residing in Bellaire, her husband sold appliances throughout Northern Michigan. Her father-in-law was the pastor of Bellaire Pilgrim Holiness Church (now known as Bellaire Wesleyan Church) where Agnes and her church family were active in visiting the residents at Meadow Brook often during those years. She loved having a vegetable garden and also roses and violets and people couldn't wait to get her rooted leaves of violets so they could start their own new plants.

The young couple raised three boys and one girl which has now grown to include seven wonderful grandchildren and ten great-grand children.

The Thompson's moved from Bellaire to Hudsonville in 1956. Clyde passed away in the fall of 1977 and in the years following, Agnes and her sister, Wilma began traveling to destinations including Europe, the Middle East, Hawaii, and several trips to help in the mission fields of Mexico.

Agnes has earned the nick-name of "Grandma Zoom-Zoom". It seems that she enjoyed driving her 8-cylinder Chevy Malibu and on occasion challenged teen aged drivers when they pulled up next to her at a red light so she could "beat" them from the line when the light turned green!

Agnes remained in her Hudsonville home until August 2008 when she moved back to Bellaire and became a resident at Meadowbrook.

Congratulations, Agnes on being honored as Resident of the Month!

NATIONAL VOLUNTEER RECOGNITION WEEK – APRIL 19 - 25

Thank you to all of the special people who make a difference all year long by volunteering! We will honor the individuals and community groups with a Volunteer Recognition Luncheon in April.

Meadow Brook Medical Care Facility 2008 Volunteer Hours

<u>Volunteer Category</u>	<u>Hours Donated</u>
Individual	3,011
Community Groups	2,089
Pastoral/Clergy 200	
Pet Therapy Visitors	95
Resident Volunteers	457
Transitional Companions	18
TOTAL HOURS	5,870

The Points of Light Institute is a national, nonpartisan, nonprofit organization dedicated to engaging volunteers in the United States. Currently it estimates the dollar value of volunteer time at \$18.05 per hour. Meadow Brook acknowledges our volunteers who dedicate their time, talents and energy to making a difference. We appreciate the enormous value they provide to our residents and our facility. Our calculations show Meadow Brook received **\$105,953.50** in contributions during 2008 through volunteerism.



Antrim County Human Services Board

Michael Paradis, Chariman ~ Patricia Lowery, Vice Chair ~ William Holland, Member

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Chery Patton, RN, C,BS, Director of Nursing

Hazel Hyde, RN, C, ADON

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Amy Pearson, MSW, LBSW, Social Worker

E.J. Jones, LMSW, Director of Social Services/Director of Therapeutic Recreation

Anne Walsh, CDM, CFPP, Dietary Supervisor

Jeanne McCleese, Housekeeping/Laundry Services

David Schulz, Director of Administrative Services

Ken Thompson, Systems Administrator

Ben McGuire, Network Services Specialist

John McCleese, Director of Maintenance

Jill McKay, Resident Billing

Denise Wilks, Resident Trust Funds

Kris Allison, Admissions Coordinator

Ramona Belanger, Volunteer Coordinator