



Good News Letter

Meadow Brook
Medical Care Facility

May / June
2008

May Events

May 11

Thank's Mom! Mother's Day Dessert Bar Celebration in the Sheneman Room – 2:00 -3:30 pm

Bring your mom's favorite dessert to pass (everything else will be provided) For more info and to RSVP, call Janet @ 231-533-8661, ext. 141

May 11 – 16

National Nursing Home Week "That's Entertainment"

Join us for a fun-filled week

Sunday – Mother's Day Dessert Bar

Monday – Family Feud

Tuesday – Gong Show

Wednesday – "Nerf Gun" Fun

Thursday – Crazy Hat Day

Friday – Puttin On the Ritz Fashion Show featuring "Bonworth"

May 26

Memorial Day Observance – 10:00 am

Ice Cream Social – 2:00 pm

June Events

June 15

Father's Day Ice Cream Social

You are cordially invited to celebrate Father's Day on Sunday, June 15 by attending an Ice Cream Social in the Sheneman Room, 2:00 – 3:30 pm. Please RSVP by June 12 with the number attending. Call or email at the following: 533-8661, ext. 119 or activity@meadowbrookmcf.com.

Bowl-A-Rama

You heard about some Antrim County bowlers that attended the U.S. Bowling Congress Open Championships in Albuquerque, New Mexico ... take a look at our own Meadow Brook high scorers!

Feb 13	Marceita Wescott	42 points
Feb 22	Lyle McFarren	32 points
Feb 27	Pete Webster	50 points
Feb 29	Sophia Damer	36 points
Mar 05	Grace Auger	38 points
Mar 07	Pete Webster	49 points
Mar 12	Beverly York	33 points
Mar 14	Orcelia Humiston	30 points
Mar 19	Arthur Gates	35 points
Mar 26	Theresa Comito	54 points
Mar 28	Barbara Buth	45 points
Apr 02	Ralph Koutnik	38 points
	Marceita Wescott	38 points
Apr 09	Angie Kwapis	45 points



Welcome To:

Barbara Buth
 George Danks
 Wanda Danks
 Donald Gould
 Donna Griffis
 Ralph Hilts
 Joyce Jones
 Nina Kuck
 Doris Munsey
 Homer Sington
 Allen Skinkle
 Betty Thornburg

Discharged:

Dana Asmus
 Thelma Brewer
 Donald Gould
 Helen Groesser
 John Kunz
 Lyle McFarren
 Allen Skinkle

In Memory Of:

Nicholas Ellavich
 Jeanette Kigar
 Drusilla Lundahl
 Ruth Sutter

Keep The Emails Coming:

Just a reminder! The e-mail address
 for resident e-mail is:

mbresidents@hotmail.com



Remember to put the resident's name in
 the subject line and keep the e-mails coming. Our residents
 appreciate receiving them so much!!!

Happy Birthday To You!!

May

Elsie Whorton	06
Beverly York	20
Alice Kruse	22
Art McQueen	22
Wanda Danks	24
Danielle Farver	25
Marie Palazollo	28
Gloria Palazollo	31



June

Rachel Meadows	02
Douglas Lessard	05
Ina Shimel	16
Winona Balbaugh	19
Dorothy Baxtresser	21
Homer Sington	22
Lula Asquith	25
June Boss	25
Jean Feldman	26
Hazel Koutnik	28

May Birthdays -

Birthstone: Emerald
Flower: Lily of the Valley

People born in May love to travel. You are truthful and honest, cheerful and outgoing, which makes you popular among friends. Your values are important and you have a good sense of what's right and wrong.



June Birthdays -

Birthstone: Pearl
Flower: Rose

Those born in the month of June are daydreamers. They are very funny and have a great sense of humor. They have no problem making friends, are very talkative but also soft-spoken and polite.



Resident of the Month May 2008

Alice Marie Tornga



Alice Marie McElroy was born in Bellaire on August 13, 1925 and is the oldest of four girls. Attending Wright & Phelps Grade School and singing in the Glee Club at Ellsworth High School, she graduated in 1943.

Alice began working at the Ellsworth Canning Factory but with the outbreak of WWII, relocated to Grand Rapids for three years making parts for war machinery at the General Motors Plant.

Returning to Ellsworth, she met her future husband Jacob Tornga and they were married in April 1946. It was a busy time raising their four children; Jack, Linda, Jerry and Laurie as Alice worked at an automotive electrical factory in East Jordan.

Being a caregiver all her life, Alice tended to her younger sisters, her children and later her beloved Jacob who developed Alzheimer's.

Since Alice has come to Meadow Brook, we know there are many special things about her and her family has added to that list. Alice says #13 is her lucky number and sported it on her high school basketball jersey. In addition, her creativity shone through her love of cooking and baking, flower and vegetable gardening and her beautiful penmanship with a flair for writing and corresponding with pen-pals.

Alice always maintained a strong Christian faith carrying her through many of life's obstacles. She has been an active member of the church all of her life serving on the ladies committees and helping in Bible School. Alice loves to sing hymns.

In her retired years, Alice did a lot of traveling and camping, walking the beach to hear the sound of the waves and finding beach treasures.

Alice, we think you're a treasure! Congratulations on being named Resident of the Month!

Resident of the Month June 2008

Danielle Leah Farver

Danielle was thrilled and full of smiles when I told her she was selected as our "Resident of the Month". She was born on May 25, 1967 in Erie, Pennsylvania to Mary and David Otteni. She has one older sister.



Danielle's family moved to California where she graduated from high school. Being the music lover that she is, she began working at a music store. But it was while living in sunny Southern California that Danielle met and married her husband who was stationed in the Army. She was working as a bank teller when the young couple began their family and she gave birth to her sweet daughter, Emily Rose.

Currently living in New York State, Emily Rose visits Danielle twice a year. Everyone knows when Emily's arrival time draws near and it's a very exciting time.

In preparation for one of her visits, Danielle, her mom and good friend, Janet Fischer assembled a beautiful and personal album, preserving their family history through photos, memorabilia and journaling. The project took nearly 3 months to completion. Danielle was so excited to present Emily with the album that she found herself waiting for her at the front door. Emily Rose loved the album!

Danielle has strong faith and is close with her family. She came to live at Meadow Brook three years ago to be near to her mom, Mary who recently retired from our Restorative Therapy Department and her sister, Lynnette who also lives in the area.

Danielle loves bowling, bingo, flowers and crafts and now corresponds with her mom, dad and daughter via email.

Congratulations, Danielle on being named Resident of the Month and keep smiling!

Summer is on its way ... really!

The Housekeeping Department would like to remind you that it's time to swap out resident's winter wardrobes. If you have any questions, please call Jeanne McCleese, Director of Laundry and Housekeeping Services @ 533-8661, ext. 121.

Coming Summer Event!

Meadow Brook's 2nd Annual Jamboree – Thursday, July 17
10:00 am – 6:00 pm

Get ready soon for more details on music, games, food, crafters, fun, fun, fun and a Giant Jamboree Garage Sale. Donations of gently used household goods, furniture, children's toys, and tools will be accepted beginning in May. Sorry, no clothes. For more info, contact Jeanne McCleese, ext. 121, Ramona Belanger, ext. 103 or Cheryl Patton, ext. 147 to coordinate drop-offs.

News! News! News!

Relay for Life – June 21 & 22

Once again, employees of Meadow Brook are teaming up with the American Cancer Society's signature activity in making a difference in the fight against cancer. This unique community event allows individuals to celebrate the lives of cancer survivors, remember loved ones and to rally together as a community to fight cancer!

Support us by sponsoring Relay for Life of Antrim County, at the Shaun Davies Track in Bellaire. For more information, contact Michelle Gaylord, 533-8661, ext. 160.

Sneeze-Free Zone!

Sooner or later it seems to happen to most of us. Over the recent Easter holiday, we discovered that many of our residents sharing spaces have allergies to spring flowers with strong scents such as hyacinths and lillies. Please use caution when selecting lovely yet potentially irritating plants for Mother's Day and other special occasions. If you have any questions, please feel free to call for alternative suggestions. Contact Ramona Belanger, 533-8661, ext. 103.

Adopt-A-Garden Bed at Meadow Brook!

Yes, it was just snowing a couple of weeks ago but this is Michigan! It's time to get out your wide-brimmed hats and gardening togs. Meadow Brook is looking for individuals, families or groups to help maintain and improve the beauty of our many existing gardens. After spring cleaning, volunteers are needed to commit to maintaining their garden bed for the summer season checking for weeds and offering ideas, tips and advice in keeping our facility beautiful. In return, our residents will enjoy the sights from their windows or while relaxing in the Courtyard! Contact Ramona Belanger, 533-8661, ext. 103 for more information.

Meadow Brook Policies

For the safety and comfort of our residents, Meadow Brook is writing, reviewing and revising policies to reflect changes in the delivery of healthcare. Periodically, we will feature policies in the newsletter and including copies with the monthly statements to the responsible family members. If you have any questions or concerns please feel free to contact us.

MEADOW BROOK - Resident Room Furnishings

Policy: Resident Room Furnishings

Purpose: It is necessary to limit the amount of personal clothing and personal items in resident's rooms to maintain a safe, clean, clutter free environment and to insure infection control practices are being met per state and federal regulations (F-tag 252 & 258)

Procedure:

1. The Housekeeping Supervisor **MUST APPROVE** items entering the resident's room. Contact Housekeeping supervisor at 231-533-8661 ext. 121 for prior approval of furnishings.
2. Resident Room: (Allowable items)
 - A. Bulletin boards are available in all rooms to post photos and mementos
 - B. Framed pictures up to 8x10 and small items are allowable to personalize the room to the resident's individual preference.
3. Resident's and family members are not permitted to hang things on the walls, doors or windows. This includes but is not limited to: tape adhesive, hooks, nails and tacks.
4. Electrical: See Electrical Device Policy
5. Television:
 - A. Each room is provided with a television.
6. Floor:
 - A. As a matter of safety and fire prevention nothing is permitted to be stored on the floor including under the bed. If the Housekeeping Supervisor deems the room cluttered, unsafe or a fire hazard she/he will notify the resident/family as soon as possible to make other arrangements for storage.
7. All questions and concerns are to be directed to the Housekeeping/Laundry Supervisor at 231- 533-8661 ext. 121.

MEADOW BROOK - Storage of Resident Personal Food Items

POLICY: In order to maintain a Safe Healthy and Sanitary environment for all Residents.

PROCEDURE: Storage of Resident Personal Food Items

All perishable food items that resident's wish to save (i.e. food item(s) from a meal, food brought in from family) will be stored in a sealed container (tupperware, zip lock baggie) in the Pantry refrigerator located on the resident's unit. Items will be dated and timed prior to putting food item in the Pantry refrigerator and will be kept no longer than a 3-day period.

Food items that are found without a date/time and are not in the appropriate container will be discarded immediately.

The Housekeeping Aide staff will be responsible for monitoring the pantry refrigerators on a daily basis for perishable food items and will discard items as stipulated in above criteria.

Non-perishable food items such as candy and pop maybe stored in the resident's room but food **must be** stored in a sealed container after opening. * Note- open cans of pop are not allowed to be stored in the refrigerator.

The Dietary Manager and/or Charge Nurse must be notified and approve all food items brought in from family/friends prior to giving to the resident. This is simply to ensure that the resident is receiving food items that are safe for him/her under their physician ordered diet.

Residents may choose to store allowable food items in a bedside stand or another small storage unit in their room.

Please be advised, in order to maintain infection control practices and resident safety, Housekeeping Aide staff will periodically check all storage units for cleaning/sanitation purposes. If food items are found to be in appropriately stored or are causing pest problems in a resident's room, the item(s) will be discarded immediately. The resident and/or sponsor will be notified of the reason.

MEADOW BROOK—Marking of Resident Clothing & Personal Items

Purpose: It is necessary to limit the amount of personal clothing and personal items in resident's rooms to maintain a safe, clean, clutter free environment and to insure infection control practices are being met per state and federal regulations (F-Tag 252 & 258)

Protocol:

1. All clothing items brought to the facility on admission and throughout their stay must be labeled and inventoried by the laundry department. Laundry will make every effort to return items to the resident's room as quickly as possible within 24-72 hours of receipt.
 - A. When items are brought to the unit, nursing staff will identify bagged items with the resident's name and room number prior to sending to laundry for labeling and inventory.
 - B. Nursing staff will explain to family/resident the purpose of inventory and labeling of items as needed.
2. Decisions on clothing items should be based on resident's personal taste and comfort.
3. Fabrics must withstand the hot water washing and drying temperatures to avoid shrinking. The facility will not be responsible to replace damaged clothing related to washing and drying temperatures.
4. No wool or angora items and items that require hand washing or dry cleaning are permitted.
5. Clothing and personal items will be digital recorded and electronically maintained by Laundry personal.
6. Valuable items such as jewelry or family heirlooms are **strongly discouraged** from being brought into the resident's room. The facility will not be responsible to replace such items if broken or found missing.
7. Responsible party shall assist the resident with changing seasonal clothing and personal items on a regular basis.
8. If the responsible party is unable to assist the resident with seasonal clothing changes the laundry staff will assist the resident with downsizing items. The Laundry Supervisor will notify the responsible party to pick up items within thirty (30) days. If items are not picked up within the thirty (30) day period items will be discarded.
9. Discharge/Expirations: Laundry and/or Housekeeping staff will assist the resident/family to assemble personal clothing and belongings. In the case of a resident death where family is not immediately available to pick up belongings, items will be stored in housekeeping storage for a period not to exceed fourteen (14) days.
10. Meadow Brook does not accept donated clothing or personal items. Clothing List- **No more than ten (10) items from each of the following categories:**
 - A) Pants/Slack
 - B) Shirts/Blouse
 - C) Socks
 - D) Underwear
 - E) Bras/Camisoles
 - F) T-shirts**No more than six (6) items from the following category:**
 - A) Sweaters
 - B) Pajamas/nightgowns**No more than two (2) items from the following category:**
 - A) Robes
 - B) Shoes
 - C) Slippers
 - D) Belts**No more than one (1) from the following category:**
 - A) Coat
 - B) Hat
 - C) Scarf
 - D) Gloves
12. All questions and concerns are to be directed to the Housekeeping/Laundry Supervisor at 231-533-8661 ext. 121.

Antrim County
Alzheimer's Association Support Group

For all those whose lives have been impacted by
Alzheimer's disease and other types of
dementia/memory loss.

*All meetings held in Lilac Room at
Meadow Brook Medical Care Facility at 1pm

Monday May 19, 2008

Monday June 30, 2008

Monday July 28, 2008

Monday August 25, 2008

Monday Sept 29, 2008

Monday October 27, 2008

Monday November 24, 2008

Monday December 29, 2008

Monday January 26, 2009

Monday February 23, 2009

Monday March 30, 2009

Monday April 27, 2009

Meadow Brook MCF

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Antrim County Human Services Board

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